

Athletics Wicklow County Championships  
Shoreline Sports Park Greystones  
Saturday 11<sup>th</sup> May 2019

Start 11.00am

<b>Sprint Hurdles</b>	<b>High Jump</b>	<b>Shot Putt</b>
60mH Girls & Boys U12	U13 Girls & Boys	U18/19 Girls +
60mH Girls & Boys U13	U15 Girls & Boys	Sen/Mast Women
75mH Girls & Boys U14	U17 Girls & Boys	U17 Girls & Boys
80mH Girls U15 & U16	U18/19 Girls & Sen/Mast Wm	U15 Girls & Boys
80mH Boys U15		U13 Girls & Boys
100mH Girls U17/18		
100mH Boys U16		
100mH Boys U17	<b>Long Jump</b>	
100mH Girls U19	Senior/Masters Women	
100mH Sen/Mast Wm	U18/19 Girls	
110mH Boys U18	U16 Girls	
110mH Boys U19	U14 Girls	
110mH Sen/Mast Men	U12 Girls	
<b>Hurdle finals take place</b>	U12 Boys	
<b>after each age group heats</b>	U14 Boys	
	U16 Boys	
<b>400m</b>	U18/19 Boys	
400m Girls & Boys U17	Senior/Masters Men	
400m Girls & Boys U18		<b>Discus</b>
400m Girls & Boys U19		Senior/Mast Women
400m Sen/Mast Wm & Men		U18/19 Girls
		U17 Girls
<b>1500M</b>	<b>Relays - Even Ages (4x100m)</b>	U16 Girls
1500m Girls & Boys U14	U12 Girls & Boys	U15 Girls
1500m Girls & Boys U15	U14 Girls & Boys	U14 Girls
1500m Girls & Boys U16	U16 Girls & Boys	U14 Boys
1500m Girls & Boys U17	U18 Girls & Boys	U15 Boys
1500m Girls & Boys U18		U16 Boys
1500m Girls & Boys U19	<b>Medley Relays Approx 3pm</b>	U17 Boys
1500m Senior/Masters	Senior/Master Women Medley	U18/19 Boys
	Senior/Master Men Medley	Senior/Maeters Men
	(200m, 200m, 400m, 800m)	
<b>200M</b>		
200m Girls & Boys U14		
200m Girls & Boys U15		
200m Girls & Boys U16	<b>Athletes may only move up</b>	
200m Girls & Boys U17	<b>one age group in relays, with at</b>	
200m Girls & Boys U18	<b>least 2 being of the correct age</b>	
200m Girls & Boys U19	<b>All must be from the same club.</b>	
200m Sen/Mast Wm & Men		
<b>Walks</b>		
<b>200m Finals</b>		

Track and Field events will run simultaneously.  
 Order of events may be subject to change during the day.  
**Athletics Wicklow County Championships**  
 Shoreline Sports Park Greystones  
 Sunday 12<sup>th</sup> May 2019

Start 11.00am.

Track Events	High Jump	Shot Putt
	U12 Girls & Boys	U18/19 Boys +
<b>Long Hurdles</b>	U14 Girls & Boys	Sen/Mast Men
	U16 Girls & Boys	U16 Girls & Boys
<b>Awards Distance Races</b>	U18/19 Boys & Senior/Mast Men	U14 Girls & Boys
200m Girls & Boys U8		U12 Girls & Boys
300m Girls & Boys U9		
400m Girls & Boys U10		
500m Girls & Boys U11		<b>Turbo Javelin</b>
	<b>Long Jump</b>	U8 Girls
<b>600/800M</b>	U8 Boys	U9 Girls
600m Girls & Boys U12	U9 Boys	U10 Girls
600m Girls & Boys U13	U10 Boys	U11 Girls
800m Girls & Boys U14	U11 Boys	U8 Boys
800m Girls & Boys U15	U8 Girls	U9 Boys
800m Girls & Boys U16	U9 Girls	U10 Boys
800m Girls & Boys U17	U10 Girls	U11 Boys
800m Girls & Boys U18	U11 Girls	U12 Girls
800m Girls & Boys U19	U13 Girls & Boys	U12 Boys
800m Sen/Mast Women	U15 Girls & Boys	
800m Sen/Mast Men	U17 Girls & Boys	
<b>600/800m Finals</b>		
	<b>Relays - (4x100m)</b>	
<b>Awards Sprints</b>	U9 Girls & Boys	<b>Javelin</b>
60m Girls & Boys U8	U11 Girls & Boys	Senior/Mast Men
60m Girls & Boys U9	U13 Girls & Boys	U18/19 Boys
60m Girls & Boys U10	U8 Girls & Boys	U17 Boys
80m Girls & Boys U11	U10 Girls & Boys	U16 Boys
<b>Sprints</b>	U15 Girls & Boys	U15 Boys
80m Girls & Boys U12	U17 Girls & Boys	U14 Boys
100m Girls & Boys U13	U19 Girls & Boys	U13 Boys
100m Girls & Boys U14	Senior/Masters Women	U13 Girls
100m Girls & Boys U15	Senior/Masters Men	U14 Girls
100m Girls & Boys U16		U15 Girls
100m Girls & Boys U17	<b>Athletes may only move up</b>	U16 Girls
100m Girls & Boys U18	<b>one age group in relays, with at</b>	U17 Girls
100m Girls & Boys U19	<b>least 2 being of the correct age</b>	U18/19 Girls
100m Seni/Mast Wm & Men	<b>All must be from the same club.</b>	Senior/Mast Women

Sprint Finals		
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**Athletes should be proficient in all the events that they take part in!**  
*Athletes may only compete in their own age group except for relays, where they can move up one year only! Please adhere to this rule!*